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## Claims:

1. a carrier mount for a personal electronic device,  
which carrier mount comprises:

i) a pouch shaped and dimensioned to hold the device, and having a opening through which the device may be introduced into the interior of the pouch; and,

ii) securing means for releasably securing the pouch to a frame member comprising exercise apparatus, the securing means including a collar arranged to secure around the frame member.

2. A carrier mount according to claim 1, wherein the pouch comprises a flexible (conformable) material.

3. A carrier mount according to claim 1 or claim 2, wherein at least a portion of the exterior of the pouch comprises a waterproof or water resistant material.

4. A carrier mount according to any preceding claim, wherein the pouch has an impact resistant panel portion such as a quilted or padded panel portion.

5. A carrier mount according to any preceding claim, wherein the pouch comprises opposed major faces and an opening in the region of the upper portion of the major faces permitting the electronic device to be

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received between the opposed major faces.

- 5 *200* *254*
- 10 6. A carrier mount according to any preceding claim  
including closure means for partially closing the  
opening to inhibit removal of the electronic device  
but define a smaller opening permitting an electrical  
cable connected to the device to extend into the  
interior of the pouch.
- 15 7. A carrier mount according to any preceding claim,  
including closure means for at least partially closing  
the pouch opening wherein the closure means draws  
together the opening defining edges of the pouch.
- 20 8. A carrier mount according to any preceding claim,  
wherein means is provided for permitting an electrical  
connection lead (for headphones, earplugs or the like)  
to extend into the interior of the pouch when the  
mouth is substantially closed.
- 25 9. A carrier mount according to any preceding claim,  
wherein closure means for closing the opening through  
which the device is introduced comprises a zipper  
closure.
- 30 10. A carrier mount according to any preceding claim,  
wherein the collar portion of the securing means is  
positioned adjacent a wall of the pouch.
11. A carrier mount according to any preceding claim,  
wherein the collar of the securing means is adjustable

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for ensuring a tight fit of the collar about tubular frame members of differing dimensions.

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12. A carrier mount according to claim 11, wherein the collar is tightenable about the tubular frame element, and also subsequently loosenable to permit removal of the securing means from the frame.

13. A carrier mount according to any preceding claim, wherein the securing means comprises a rigid or spring tightenable collar bracket.

14. A carrier mount according to any preceding claim, wherein the securing means collar comprises a flexible element (such as a length of webbing or the like) arranged to pass over the tubular frame element.

15. A carrier mount according to any preceding claim, wherein the securing means is a quick release fastening arrangement.

16. A carrier mount according to any preceding claim, wherein the pouch is configured to have opposed side panels defining major faces and a relatively shallow depth (width).

17. A carrier mount according to any preceding claim, wherein the aperture for receiving the device is provided along the uppermost edge of the pouch, The uppermost edge of the pouch being substantially arcuate, particularly for receiving a disc player.

18. An arrangement comprising, in combination:

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- i) exercise apparatus; and,
  - ii) a carrier mount for a personal electronic device,  
which carrier mount comprises:
    - c) a pouch shaped and dimensioned to hold the  
electronic device, and having an opening  
through which the electronic device may be  
introduced into the interior of the pouch;  
and,
    - d) securing means for releasably securing the  
pouch to a frame member comprising exercise  
apparatus, the securing means including a  
collar arranged to secure around the frame  
member.
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